



I've heard good things
about having a midwife.

Who wants to
drive downtown
for quality care?

I'd like to try
natural childbirth.

Join Us for a Free Seminar: Healthy Pregnancy, Healthy You

Tuesday, November 4th

Registration: 6:00 p.m.

Lecture: 6:30 – 8:30 p.m.

Adventist La Grange Memorial Hospital
Dixon Rooms B,C
5101 S. Willow Springs Rd.
La Grange, IL



Adventist
Women's Care

Hinsdale Hospital
La Grange Memorial Hospital

Adventist Women's Care presents:
Healthy Pregnancy, Healthy You

Tuesday, November 4th

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**Location: Adventist La Grange Memorial Hospital,
Dixon Rooms B-C, 5101 S. Willow Springs Rd., La Grange, IL**



How you choose to have your baby is up to you. We're just here to give you the most choices. From comfortable birthing suites to experienced midwives to high-risk pregnancy specialists.

Learn more from our panel of specialists at this free seminar.

**Pre-Natal Health and Your
Pregnancy by Trimesters**

Jamie Januszyk, MD, OB/Gyn

**Tests and What Do the Results
Mean?**

Michael Awad, DO, OB/Gyn

Giving Birth: Traditional and Natural

Allyn Schaub, MD, OB/Gyn

Karen Barr, Certified Nurse Midwife

Postpartum Health

Allyn Schaub, MD, OB/Gyn

Learn more about:

- Natural Birth Center
- Neonatal Intensive Care Unit
- Paulson Rehabilitation
- Ann & Robert H. Lurie Children's Hospital of Chicago
- Nurturing Nook
- Water Births
- Prenatal and baby educational classes

**Please visit [AdventistWomensCare.com/Pregnancy](https://www.adventistwomenscare.com/pregnancy) or call
630-519-6866 by Monday, November 3rd to reserve your seat.**



**Adventist
Women's Care**

Hinsdale Hospital
La Grange Memorial Hospital

5101 S. Willow Springs Road
La Grange, IL 60525

[keepingyouwell.com](https://www.keepingyouwell.com)

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